

# Author Speech Topics

## **Love Your Life After Fifty!**

15 – 20 minutes

Women over fifty have opportunities that generations of women before us did not have. It's like we're living Women's Lib, Part II. What happened to bring us to this point? Events in the 1960s and 1970s changed the direction of our lives. So what's a woman to do? We women have been forging new paths for decades, and can do it again for ourselves. Discover the guidelines for loving your life and creating your own *Second Blooming*.

## **Serving the Community: Finding your Niche**

30 minutes

There are dozens of organizations and activities worthy of your support and involvement, so how do you decide where to serve? When women make good choices, they feel pleasure and satisfaction. This is an interactive presentation which helps women look at how they can invest their time wisely to maximize outcomes for themselves and those whom they serve.

## **Don't Grow Old, Grow Bold!**

45 minutes

Are you aging gracefully, or just getting older? Do you look forward to the second half of life, or are you terrified of the future? Does your life matter? Are you making a difference? Are you going to leave this earth without leaving a legacy? If your future looks drab, it's time to develop your action plan to create a fulfilling and purposeful second half of life. This presentation will help women respond boldly to the questions posed, and be inspired to answer poet Mary Oliver's question: "What is it you want to do with this one, wild, precious thing called life?"

## **Second Blooming for Women: Growing a Life That Matters after Fifty**

50 - 60 minute

Women over fifty are often treated like annuals, pulled out and tossed on the compost pile when they're no longer young. Actually, they are perennials—a permanent, colorful and vital part life's garden. This interactive presentation tells women to "Fear not! Life after fifty is fabulous!". Women will leave feeling valued, capable, and ready to live passionately and purposefully. They'll also know what steps will lead them to their *Second Blooming*. Participants will leave feeling informed, excited, and uplifted.

### Authors' Speaker Fees

<b>Length of Presentation</b>	<b>Fee</b>	<b>Travel Expenses</b>
15-30 minutes	\$50	Mileage driven at \$.51/mile per IRS standards and/or dollar cap*
45-60 minutes	\$100	Mileage driven at \$.51/mile per IRS standards and/or dollar cap*

\* Second Blooming speaker will submit expense invoice within five (5) days after the speaking event date to be reimbursed to the author within thirty (30) days after the speaking event date. Expenses can include auto and/or air travel, accommodations and meals.

For more information or to book a speaker: Call Diane Hawkins at 850.484.8670 or [diane@secondbloomingforwomen.com](mailto:diane@secondbloomingforwomen.com)